



Getting Started (Lesson #1)

Men working out their Faith in Action

INTRODUCTION & LESSON 1

1. Welcome, Group Introductions; Complete exercise (Attached), Optimistic Hopes/ Fears & Concerns for being in a group like this.

TIME (Part 1)What to do with what we have.

2.INTRODUCTION OF THE TOPIC; We live in a dimension to time where there is a beginning and an end and seasons of life between. There will be another dimension, where time is NOT in play. It will be the dimension of eternity. God has always lived in the latter state. He created us for a time. What do we do with what He has given us?

QUESTIONS:

- How many of you have the amount of time you need.
- How do each of you feel about the dimension of time you've been given?

3.KEY QUESTION ABOUT THE TOPIC;

- How much time do you have?
- In 3 Minutes list how you currently use you time - (%'s)
Work____Home____ Sleep____Hobbies____Faith ____ Other____

-In 3 Minutes list your 3 top life priorities? 1_____2_____3_____

-Looking at priorities & how your time is used, what would you change?

4.THE REAL ISSUE/RELEVANT SCRIPTURE(S)

Scripture: (Read)

-Psalm; 90:12 *Teach us to number our days aright, that we may gain a heart of wisdom*

QUESTIONS: If we knew our exact time left, how would that change our behaviors?

What does # days aright mean?

What is a heart of wisdom & where do you get it?

5. APPLICATION(S) HOW TO ADDRESS THE PROBLEM

KEY QUESTION: What does doing Ps; 90:12, look like in action?-

The "Nudge What's one thing you'll do this week about your time.

You'll report to the group next week how you did.

6. PRAYER/ ADJOURN



Getting Started (EXERCISE Lesson #1)

Following group Introductions;

Facilitator assigns roles of individuals in this exercise;

Facilitator

Assigns Roles below & Guides the discussion

1. Supply person

Gathers necessary supplies.

-5x7 Cards

-Red & Green Felt tip markers

-Masking tape.

2. Supply person; give 5x7 cards and a red and green magic marker pen to the Scribe. Keep the tape for yourself

**Facilitator guides the group discussion with the exercise to;
DISCUSS YOUR OPTIMISTIC HOPES, AND FEARS AND
CONCERNS for being in a group like this.**

Start with Optimistic Hopes (only) Facilitator let the group know the ground rules for the exercise. Have the Scribe write down each idea, one per 5x7 card. (*Optimistic Hopes use Green marker*) Supply person puts tape on each comment, & at the end puts them on the wall and group same theme or similar comments on top of one another.

Hint;

(Best results seem to come when you go round the group with each person saying only one thing at a time, first about Optimistic Hopes. Say, "If it's your turn and you don't have an idea simply say "Pass." Continue round the group till all say "Pass."

Next Repeat the same exercise (round the group) with Fears and Concerns. Scribe records one comment per card using RED pen. Tape on each card & group on the wall next to Optimistic Hopes.

Hint; *Fears/Concerns are often the opposite of Optimistic Hopes & vice versa.*